

**what's the
story** morning
glory - well?

**need a little time to
wake up wake up**

allergen index

#1 crustaceans #2 molluscs
#3 fish #4 peanuts #5 nuts
#6 cereals containing gluten
#7 milk/milk products #8 soya
#9 sulphur dioxide #10 sesame seeds
#11 eggs #12 celery & celeriac
#13 mustard #14 lupins

please notify a member of management
regarding any allergens or food intolerances

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the gibson hotel

hemi specials

black pudding & toonsbridge halloumi salad €12.00
mixed leaves, cherry tomatoes and dijon citrus dressing
allergen 6 barley & oat, 7, 13

poached eggs avocado €12.00
feta cheese, sourdough toast
allergen 6 wheat, 7, 11

brioche “breakfast” boudin €12.00
pork sausage, bacon, grilled tomato, fried egg, sauté mushrooms, white pudding, ballymaloe relish
allergen 6 wheat, barley & oat, 7, 9, 11

baby spinach & goats cheese omelette €12.00
allergen 7, 11

organic homemade porridge €12.00
banana, mixed berries & maple syrup
allergen 6 oat, 7

scrambled egg & grilled bacon €12.00
served with roast tomato on toasted sourdough
allergen 6 wheat, 7, 11

tea and coffee

espresso €3.00
double espresso €3.60
macchiato €3.50
flat white €3.80
americano €3.80
latte €4.00
cappuccino €4.00
mocha €4.00
hot chocolate €3.50
breakfast tea €3.50
fruit and herbal tea €3.80

full range of plant-based milk substitutes are available €0.40

milk based coffees contain allergen 7

pastries

butter croissant €3.00
allergen 6 wheat, 7, 11

pain au chocolat €3.00
allergen 6 wheat, 7, 11

cinnamon swirl €3.00
allergen 6 wheat, 7, 11

pastel de nata €3.00
allergen 6 wheat, 7, 11