

eat to the beat
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homemade soup of the day (v) €8

brown soda bread and butter

allergen 6 wheat, 7, 9, 12

small plate

goats cheese & baked baby beets €14

st.tola, rainbow beets, shaved pear, toasted walnuts, cider honey dressing

allergen 5 walnuts, 7, 9

buffalo feelin' hot hot hot wings €15

louisiana style, celery, blue cheese

allergen 7, 8, 11, 12

gambas pil pil €16

olive oil, chilli, garlic, lemon, ciabatta

allergen 1 prawn, 7

salad

hail caesar €15

baby gem, bacon, garlic croutons, parmesan cheese, light anchovy dressing

allergen 3 anchovy, 6 wheat, 7, 8, 11, 12

add chargrilled chicken **no allergen €3**

add prawn **allergen 1 €5**

to share, or not to share

antipasti €24

chargrilled vegetables, salami, parma ham, olives, hummus, pesto & breads

allergen 5 pine nuts & walnuts, 6 wheat, 7, 8, 9, 10

wewannaget loaded nachos €15

tomato salsa, melted red cheddar, jalapeno, sour cream **allergen 7, 12**

superfood €15

spiced bulgur wheat, avocado, spinach, pomegranate, blueberries, lemon dressing

allergen 6 wheat, 7

add chargrilled chicken **no allergen €3**

add prawn **allergen 1 €5**

sandwich

steak sandwich €21

irish beef striploin, ciabatta, red onion marmalade, rocket leaves, mustard mayo, served with skinny fries

allergen 6 wheat, rye, barley, 7, 8, 11, 13

katy peri peri chicken €17

sour dough, pickle, baby gem lettuce, cheddar cheese, sriracha mayo, crunchy coleslaw served with skinny fries

allergen 6 wheat, 7, 9, 11, 12

ham & cheese focaccia €16

baked ham, mature cheddar cheese, dijon mayo, grilled focaccia bread, skinny fries

allergen 6 wheat, 7, 9, 11, 13

main

8oz prime beef striploin €29

buttermilk onion rings, roast vine tomatoes, pepper cream sauce, chunky chips

allergen 6 barley & wheat, 7, 8, 9, 11, 12

pan fried salmon €25

harissa marinade, chargrilled vegetables, lemon

allergen 3 salmon, 12

irish angus beef burger €22

brioche bap, beef tomato, rocket, cheddar cheese, bacon, truffle aioli, chunky chips

allergen 6 wheat, 7, 9, 11, 12

gourmet pizza €19

prosciutto, baked ham, buffalo mozzarella, house tomato sauce, rocket leaves, chilli oil

allergen 6 wheat, 7, 9

thai red curry

lemongrass, ginger, galangal, red chilli, steamed basmati rice, prawn crackers

prawn €21

allergen 1 prawn, 8

chicken €19

allergen 1 prawn, 8

chick pea + spinach (vegan) €18

allergens 8

side €6

skinny fries

no allergen

chunky chips

allergen 9

sweet potato fries

no allergen

seasonal vegetables

allergen 7

toasted ciabatta

allergen 6 wheat, rye, barley

dessert

chocolate & raspberry mousse dome €9

caramel, chocolate soil, whipped cream

allergen 5 almond, 6 wheat, 7, 8, 11

first dates raspberry + white chocolate heart €9

raspberry coulis, fresh berries

allergen 6 wheat, 7,8,11

apricot & ginger cheesecake €9

crushed meringue, passion fruit gel

allergen 6 wheat, 7,11

irish cheese plate €15

cashel blue, carrigaline, smoked gubbeen,
homemade relish, grapes, crackers

allergen 6 rye & wheat, 7, 9, 12

allergen index

#1 crustaceans

#2 molluscs

#3 fish

#4 peanuts

#5 nuts

#6 cereals containing gluten

#7 milk/milk products

#8 soya

#9 sulphur dioxide

#10 sesame seeds

#11 eggs

#12 celery & celeriac

#13 mustard

#14 lupins

please notify a member of management
regarding any allergens or food intolerances

all our beef is of irish origin

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the gibson hotel

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look at my big sister **if you're thirsty**